

OAHPERD Summer Institute

June 10 & 11, 2024

Chapman Elementary, Dublin OH



| MONDAY, JUNE 10 | | |
|-----------------|------|---|
| TIME | ROOM | SESSION TITLE - PRESENTER |
| 8:30 AM | | <i>Registration Opens</i> |
| 9:00 AM | | Welcome & Opening Announcements –Mary E. La Vine, Traci Grissom |
| 9:15 AM | | General Session: Health. Moves. Minds. – Mary E. La Vine, Traci Grissom |
| 10:15 AM | | Breakout Session I: Mentors Make a Difference in Adapted PE – Wray Jean Connor |
| 10:15 AM | | Breakout Session I: Adding Value to your Health Education Classroom – Matt Hagedorn |
| 10:15 AM | | Breakout Session 1: OPEN Up to Adventure! – Valerie Nagy |
| 11:15 AM | | General Session: Using PowerPoint and a Projector to Enhance your PE Classes – Sam Meyerhoff |
| 12:15 PM | | <i>Lunch on Your Own</i> |
| 1:15 PM | | Breakout Session II: Enhancing Behavioral Health in Schools: The Behavioral HELPs Project – Kevin Lorson & Maria Schneider |
| 1:15 PM | | Breakout Session II: Minute to Win – OPEN Style – Valerie Nagy |
| 1:15 PM | | Breakout Session II: Elementary PE – Heather Barbour |
| 2:15 PM | | General Session: Adventure Based Learning – Sue Sutherland |
| 3:15 PM | | Breakout Session III: Animate Your Teaching with GIFs in Physical Education – Kent Hamilton |
| 3:15 PM | | Breakout Session III: A Day in the Life of a Health Teacher – Clay Eilerman |
| 5:00 PM | | <i>Kayaking – Sunrise Kayaking, Dublin</i> |
| 6:00 PM | | <i>Explore Dublin’s Bridge Park District</i> |

| TUESDAY, JUNE 11 | | |
|------------------|------|---|
| TIME | ROOM | SESSION TITLE - PRESENTER |
| 8:30 AM | | <i>Registration Open</i> |
| 9:00 AM | | Morning Announcements –Mary La Vine, Traci Grissom |
| 9:15 AM | | Breakout Session I: Putting the Play Back in Playground & Recreational Games – Traci Grissom |
| 9:15 AM | | Breakout Session I: #thatsnotlove – Maria Schneider |
| 10:15 AM | | General Session: Coming Out Stars – Sam Meyerhoff |
| 11:15 AM | | Breakout Session II: Cricket not “Pinocchio” – Adrian Turner |
| 11:15 AM | | Breakout Session II: Elementary PE – Sasha Taylor |
| 12:15 PM | | <i>Lunch on Your Own</i> |
| 1:15 PM | | General Session: Advocacy Starts with YOU! – Mary E. La Vine |
| 2:15 PM | | Breakout Session III: A Day in the Life of a Health Teacher – Clay Eilerman |
| 2:15 PM | | Breakout Session III: Lacrosse in K-12 PE: For All Bodies! – Sam Meyerhoff |
| 3:15 PM | | Health. Moves. Minds. - Sasha Taylor & Traci Grissom |

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SESSION DESCRIPTIONS:

#thatsnotlove – Maria Schneider, Health & Life Skills Teacher, Brecksville-Broadview Heights Middle School

Help your students spot signs of unhealthy relationships. The presentation will aim to empower participants with valuable insights to aid teenagers in recognizing the signs of unhealthy relationships. Through interactive discussions and engaging activities, attendees will gain an understanding of the key indicators of toxic relationships, be it romantic or platonic.

By the end of the session, attendees will feel equipped with the knowledge and tools necessary to empower teenagers to develop healthy relationships. Participants will be ready to implement engaging lesson plans that encourage open conversations about relationships and promote the importance of mutual respect, communication, and boundaries among young individuals.

A Day in the Life of a Health Teacher – Clay Eilerman, Physical Education & Health Teacher

During this presentation there will be a walk through the set up of class curriculum, day to day operations, opening slides and the new content direction of reproductive health.

Adding Value to Your Health Education Classroom– Matt Hagedorn, Health Teacher, Tallmadge Middle/Elementary School

Creative Strategies and Resources for Making Skills-Based Teaching More Engaging and Meaningful

Adventure Based Learning – Sue Sutherland, The Ohio State University

Adventure Based Learning (ABL) is flexible and adaptable for different environments, settings, and abilities in physical education. With ABL, physical educators facilitate students through five stages; getting to know each other, communication, cooperation, trust, and problem solving to build interpersonal and intrapersonal skills.

Advocacy Begins with You! – Mary E. La Vine, Youngstown State University, OAPERD President

The session work on guiding participants through using different platform to advocate for their program, self and profession. Action and Discussion will be centered on ways to gain support within your school and community, reaching out to support state efforts. Participants please bring an electronic device (phone, tablet, computer, ipad, etc) to learn using different platforms to reach parents and community members, as well setting up group supports.

Animate your Teaching with GIFs in Physical Education – Kent Hamilton, K-4 Physical Education Teacher, Plain Local Schools

GIFs are a great teaching tool for Physical Education teachers! Come and learn the benefits of using GIFs and leave with the confidence to create GIFs to enhance learning with your students!

Health.Moves.Minds. – Sasha Taylor, PE Teacher

Learn about the comprehensive fundraising program, health.moves.minds., for your school!

Coming Out Stars – Sam Meyerhoff, The Ohio State University

An embodied LGBTQ+ experience, walk a different path and gain an understanding into the successes and hardships faced by LGBTQ+ people and students during the coming out process.

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Cricket not “Pinocchio” – Adrian Turner, Bowling Green State University

In this session participants will acquire game learning progressions to teach a novel sport (cricket) focusing on offensive and defensive striking/fielding game principles that are investigated in fast-paced, modified games, representing strategic elements from the full game, in a low-cost, student-friendly, physical education activity setting.

Enhancing Behavioral Health in Schools: The Behavioral HELPs Project – Kevin Lorson, Wright State University and Maria Schneider, Health & Life Skills Teacher; Brecksville-Broadview Heights Middle School

The Behavioral Health Education Lesson Plans (HELPS) Project provides lesson plans and professional development modules to guide and support health educators to enhance local curriculum. The Behavioral HELPs focus on substance use prevention and mental health promotion by developing skills to enhance behavioral health and reducing stigma. This session will preview the lessons, highlight findings from a state-wide needs assessment, make connections to the Ohio Whole Child Framework, and advocacy tips to navigate curriculum change.

Lacrosse in K-12 PE: For All Bodies! – Sam Meyerhoff, The Ohio State University

Gender inclusive lacrosse combining elements of the women's and men's lacrosse using progressive activities for K-12 and all experience levels. This will be an active presentation, so be ready to learn some skills!

Mentors Make a Difference in Adapted PE – Wray Jean Connor, Adapted PE Teacher, Loveland City Schools

What is an inclusive classroom? Flip the switch on inclusion, have typical students join the adapted PE class rather than the special needs population join the regular class. This session will feature the peer mentor program developed by the 2022 Adapted PE Teacher of the Year. Featuring the integration of peer mentors into the adapted and regular physical education programs that help to establish an inclusive environment. Learn how peer mentoring has shaped an adapted physical education program that has been established in grades 5-12. Targeted topics: integration-where to begin, social inclusion, modeling skills, and success stories for mentors transitioning into career pathways. Shared files will be available with access to course materials and lessons.

Minute to Win – OPEN Style – Valerie Nagy, K-5 PE teacher Mentor Public Schools & OPEN National Trainer

Growth mindset is developed through experience, struggle, failure, and triumph. Minute to Win challenges are designed to be a safe place for students to experience and understand this journey. This module is written for intermediate grade levels and can also be used at the middle school level. This short module offers students fun team-based activities that will help them set a baseline performance and then actively engage to grow and improve. In addition, journal pages accompany each of the 4 suggested lessons, offering students an opportunity to reflect on the lessons learned and internalize their own mindset journey.

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OPEN Up to Adventure! – Valerie Nagy, K-5 PE teacher Mentor Public Schools & OPEN National Trainer

Establishing a sense of community within physical education classrooms is essential to developing students that are open to trying new activities and experiences. The OPEN Adventure module offers students an opportunity to connect with their classmates, build trust, and problem solve through a variety of fun and engaging activities. The activities can be grouped together as shown in the block plan for an Adventure Learning unit or can be utilized individually as an instant activity for any lesson. The activities within this module develop and reinforce responsible behaviors, while sometimes stretching students beyond their comfort zone. All participants are given the opportunity to contribute to small and large group activities through social engagement and building connections with their classmates that extend beyond physical education.

Putting the Play Back in Playground & Recreational Games – Traci Grissom, P.E. Teacher, Dublin City Schools

Games and activities suitable for all age levels that could be implemented in PE and for recess.

Using PowerPoint and a Projector to Enhance your PE Classes – Sam Meyerhoff, The Ohio State University

I will take you through some basic to do things on PowerPoint to use as moving targets, demo activities, different learning opportunities, and more!